



THE ROC CAIRN



REUSSELAER OUTING CLUB, INC. — 15th ST. LOUNGE, R. P. 1, TROY, NEW YORK 1950

DRAMA OF THE WINTER OLYMPICS

Want to see the world's outstanding athletes in tedious training, sensational schusses and terrifying spills, ecstatic victory and heartrending defeat, all against the grandeur of the Swiss Alps? That's what you'll be in for at the big ROC ski rally to be held on December 6th in Sage Hall.

Produced by Hans Thorner, famous for his "Skyward on Skis", the film "1948 Winter Olympics" will offer you one hour and forty-five minutes of thrilling action brilliantly photographed by six cameras in colorful St. Moritz.

You'll see the final fight of thirty nations in every field of endeavor on snow and ice. There'll be Barbara Ann Scott and Dick Button, Gretchen Fraser and Jack Reddish, Peter Hugstead, Martin Lundstroem and Henry Oreiller to name but a few. In the words of Hannes Schneider, famous ski great of yesterday, "Here is a picture for skiers, skaters and every lover of winter games, a real education in winter sports.

Along with this thrill packed film you'll also be presented with club plans for the winter season and a complete display of winter gear by "Andy's Sporting Goods Store." Remember December 6th at Sage Hall.

IT'S TIME TO EARN YOUR FIRST AID RATING

Once again the American Red Cross through the efforts of Don Bailey is offering a ten hour course on first aid for members of the ROC. Completion of the program entitles members to take a twelve hour course in ski patrol safety and also be accredited with the American Red Cross. For particulars on time and place, check with the office in the 15th Street Lounge.

CONFER-AAS and CA-OO-WAHS

Venerable Sampson Lodge will quake this weekend. Ca-oo-wahs, the clamor of raunches, water pistol engagements and allemande lefts will mark this the second annual "Hudson Valley IOCA Conference."

To all the delegates "The ROC Cairn" editors extend their heartiest welcome and best wishes for a good time. To be perfectly dull however, we also hope you'll get some UGH conferring done.

Unlimited horizons face such a group as yours. Now is the time to honestly discuss internal problems and work for a better knit group. This is your chance to map out future social programs, area publicity and help for weak clubs. Yours is the challenge to start clubs in schools where the cry of CA-OO-WAHS are not yet known.

With the spirit of IOCA expanding beyond the scope of a single local movement, you must integrate to meet the challenge.

IN THE VERNACULAR

A goofer is a hiker
who never gives a hoot,
Of being a disliker
of every little root.

A view is never good enough
the trails are always muddy,
Instead of fun it's always rough
when eating food, it's always cruddy.

So if you're always in a stupor
And not an all-around good hooper
In other words if you're a goofer
all we can say is --- TOUGH.

BITS OF THIS AND THAT

A little "Greetings Gates" and congratulations are in store for the following men who have recently qualified and been accepted into full membership in the ROC. They are Don Bailey of Marblehead, Mass., Carl Henrikson from Teaneck, N.J., Fred Hochgraf of Maplewood, N.J., Jerry Nelson from Farmingdale, N.Y., and Jerry Connor of Guiderland, N.Y. May your packs be always light and your arches rising.

"Song Fests", the new edition of Dick and Beth Best's famous IOCA song book, are now on sale in the ROC office. They'll set you back \$1.00 if you're a member, and \$1.10 if otherwise.

"Andy's Sporting Goods Store" on River Street in Troy is now featuring a pre-season sale on all kinds of ski equipment. It might be wise to investigate.

EVER BEEN HIT BY THE CEILING?

Or maybe we should say did you ever wonder how you'd feel when ten ton of rock suddenly leave the ceiling of a cave and pin you to the floor? Speleologists have termed this little trifle breakdown and include in its scope, all forms of ceiling collapse and wall failure.

The origin of all breakdowns are basically the same. Most rock when subjected to folding or uplift forces develop microscopic fissures or joints. Water in its underground movement enters these fissures and gradually increases their size by erosion. Obviously the process continues until a section is weakened to such an extent causing collapse.

The National Speleological Society in its 1949 Bulletin has these conclusions to draw with respect to breakdowns:

1. Broad flat ceilings without stalactites indicate bedding plane solution and the possibility of Ceiling Slab breakdown.
2. Open ceiling joints are a criteria of Ceiling Block breakdown.
3. Polygonal joints or thin beds are indicative of Scaling Plates.
4. In vertical beds, sections of cave wall that show separations from the parent rock or faces of the wall at angles with the dip of the strata are potential rock falls.
5. In horizontally bedded limestones, the intersections of cave passages are areas of weakness.
6. In traversing passages where danger of collapse is suspected keep close to the wall as observations indicate that collapse except the Ceiling Block type, does not extend to the walls.

ON FRIDAYS IT'S REUBEN

"The Albany Folk Dance Group" is back on the floor again. Every Friday night, to the tune of Reuben Merchant and his "Green Mountaineers", polkas, shotishes, and square dances are rocking the timbers at 155 Washington Avenue. "The Cairn" strongly recommends your dropping in.

ALWAYS REMEMBER GANG -

When the ROC interferes with school work, drop the school work.

FOR YOU ASPIRING HUMAN FLYS -

Or in other words you would be rock climbers, the editors have humbly submitted the following glossary of terms.

Aiguille - French name for peak, what you're climbing you fathead.

Belay - To secure the party by fixing the rope around a firm projection or in the words of Dr. Hadow Golub, "Hang on, there go my pants."

Chalet - The French name for house in the mountains, "Emiles" of course.

Crack - A rock fissure too narrow for the entry of the climber's body; I lost my shoes in the last one, wedged tight.

Karabiner - Snap-ring made of steel; used in conjunction with pitons or rope slings, also ideal belt buckles.

Lichen - Fungus found on rock faces, truly some of the most interesting hand holds.

Piton - A spike, generally of steel, which can be driven into rock cracks or ice, it also makes an ideal can opener or spreader for peanut butter and jam.

Rappelling - Descending steep rocks or ice by means of a doubled rope fixed around a suitable belay, an excellent example of the conversion of mechanical work into heat.

AND HE WORE A BIG RED NOSE (For your song book, natch)

God made the world in seven days
And he wasn't satisfied
He took a rib from Adam
And he made for him a bride
They walked up to each other
Though they'd never met before
They recognized each other
By the clothes that they both wore
Oh, she wore a tulip, a big yellow tulip
And he wore a big red nose
Now Adam, he grew bolder
And you're some kid he told her
From your head down to your toes
Gee, kid you're dynamic
The lord was some mechanic
How he made you from a rib God only knows
Why, I could have a harem
I've got six more ribs to spare 'em
And he blushed like a big red nose.